



ANNUAL REPORT 2022-2023

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MINUTES OF THE ANNUAL GENERAL BODY MEETING OF NAVI MUMBAI ORTHOPAEDIC ASSOCIATION THE ON 25TH FEBRUARY 2023

Executive Committee

President
Dr. Avinash Sonawane

Vice President
Dr. Alfven Vieira

President Elect
Dr. Sachin Kale

Secretary
Dr. Ashok Ghodke

Treasurer
Dr. Chetan Chhajed

Committee Member

Dr. Sanjay Dhar
Dr. Pramod Bhor
Dr. Ajit Chalak
Dr. Bhushan Patil
Dr. Sunil Shetty
Dr. Nikhil Bharambe
Dr. Kiran Mali
Dr. Gopal Lamture
Dr. Mandar Purohit
Dr. C. B. Sathaye
Dr. Rahul Thakare
Dr. Atul Kharat

Minutes of the Annual General Body Meeting of the Navi Mumbai Orthopaedic Association on 25th February 2024. The Annual General Body Meeting was held at The Park Hotel, Nirmaladevi Marg, Sector -10, CBD Belapur, Navi Mumbai on Sunday, 25th February 2024.

The Honourable Secretary, Dr. Ashok Ghodke, announced that the meeting was scheduled to commence at 10:30 AM. However, due to the absence of a quorum, the meeting was delayed and began at 11:00 AM.

Dr. Ashok Ghodke welcomed all the members to the second Annual General Meeting (AGM) of the Navi Mumbai Orthopaedic Association. He extended a warm welcome to the esteemed dignitaries on the dais: Honourable President Dr. Avinash Sonawane, Honourable Vice-President Dr. Alfven Vieira, Honourable President Elect Dr. Sachin Kale, and Honourable Treasurer Chetan Chhajed.

The Annual Report for the years 2022 and 2023 was presented.
The following agenda was followed:

1. APOLOGIES AND LEAVE OF ABSENCE:

Apologies were received from Dr. Sunil Shetty, Dr. Gaurav Sharma, and Dr. Dharmaraj Yadav, who were on leave.

2. CONDOLENCES, IF ANY:

No condolences were expressed.

3. TO CONFIRM AND APPROVE MINUTES OF THE AGM HELD ON 26TH MARCH 2023

Dr. Ashok Ghodke stated that no leave of absence had been received and no condolences were expressed. He then proceeded to discuss the adoption of the Navi Mumbai Orthopaedic Association (NMOA) Constitution. Dr. Ghodke highlighted that the proposed changes to the NMOA constitution, which were presented for approval during the previous AGM, were marked in red for the consideration of the Honourable Members.

Clause No. 1: NMOA members have passed the clauses.

Clause No. 2: The office of the Association will be situated in Navi Mumbai NMMC Corporation and PMC only.

Clause No. 3: Objectives, which have been accepted.

Clause No. 4: Bylaws, Rules & Regulations.

The following additional points of Clause 4: Bylaws: Rules & Regulations were proposed and passed by NMOA members:



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b) To associate together in one academic body, all qualified Orthopaedic surgeons registered under national and state medical councils.

g) To obtain 80G and 12AA certifications for tax exemption for NMOA.

Dr. Ashok Ghodke mentioned that NMOA members had extensive discussions about Clause 5 regarding kinds of Membership, and Clause 5 has been passed by them.

Clause 5: KINDS OF MEMBERSHIP

a) Life Membership:

Life membership shall be restricted to those doctors, who have done Degree/Diploma or equivalent degree after completing MBBS and who are in practice of Orthopaedics or its super-specialty and registered with State or National Medical Council. Application for Life membership shall be proposed and seconded by 2 Life members only. The application will be screened by the Executive Committee and the authority to admit new Life members shall be with the Executive Committee, subject to full payment of fees Rs. 3000 + GST of membership and final approval of GBM or more as approved by general body.

b) Associate Membership:

Associate Membership can be given to a student, who is doing post graduate diploma or degree or DNB in orthopaedics, after passing MBBS. He should be taking post graduate education in National Medical Council recognized and approved Institutions in India. He should submit the certificate for HOD or Head of the Institution to that effect. The subscription will be about Rs 1500 + GST. After passing out and possessing the degree or diploma, he can pay the remaining balance at the rate prevailing at the time of him/her attaining the degree.

After approval of Executive Committee, Till GBM, an applicant for any of above memberships may be given benefit of being Life Member except, Voting or contesting right. He also can be a member of any Working Sub-Committee except that he cannot be nominated as member of Executive Committee, Journal editor or Webmaster. If associate member does not pay difference, he will be also associate member throughout the life.

Clause No. 6: NMOA members have passed the clauses

Dr Ashok Ghodke said about Clause 7: TERMINATION OF MEMBERSHIP point no. 3 and NMOA members has passed the clause related to it.

Clause 7: TERMINATION OF MEMBERSHIP:

1. A member can be terminated on account of financial misappropriation with NMOA, NMOA Funds or any financial matter related to NMOA, misbehaviour, misconduct by passing a suitable resolution in the General Body Meeting of the members by simple majority. The period of termination will be decided in that GBM. In case of any ongoing criminal trial, medical negligence case against any member of NMOA, the society will not suspend the membership until conviction is proven to be true by the court of law.

Clause No. 8: NMOA members have passed the clauses



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Dr Ashok Ghodke said about Clause 9: Executive Committee, NMOA has lot of discussion about it and the NMOA members has approved this clause according to the hierarchy.

Clause 9: EXECUTIVE COMMITTEE:

The Executive Committee shall be a continuous body and will consist of following members, constituted as follows, according to the hierarchy:

1. President 1 year
2. Vice President 1 year
3. President Elect 1 year
4. Past President 1 year
5. Secretary 2 years
6. Treasurer 2 years
7. Executive Committee Members 3 (2 years)
8. Webmaster 1 (2 years)
9. Scientific committee Advisor 1 (2 year)

Each executive committee members will have sub-area member area wise.
The position number 8 and 9 will be selected by E.C. members

Dr. Ashok Ghodke has addressed the Clause 10: Election point no. 3 which is given below on approval of NMOA members.

Clause 10: Election:

3. To give rights to all members to participate in such election only with physical presence for voting, however, the office bearers and members of the council shall only be those, who are residing and has a government approved address proof registered with the office of the NMOA as residents of NMMC and PMC.

Further, Dr. Ashok Ghodke said about Clause 11 all points were passed and ratified

B. President

1. He will be organising chairman of annual event NMOACON.

C. President – Elect:

I. President Elect will hold office for one year as a member of Executive Committee and become President for next year automatically without election.

II. He will be in-charge, will coordinate and be responsible for executing all IOA CSRC academic and non-academic events.

III. He will look after implementation of Academic initiatives of Hon. President.

F. Past President. The following point is approved by NMOA members under Past President.

IV. He will be presiding officer of NMOA election.

G: Executive Committee Members

I. EC member should attend at least 4 meetings in a year

II. He should inform the in case of leave or absence



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III. Organising secretary for NMOACON will be chosen amongst the elected EC members.

IV. New Committee will start functioning from 01 April of that year

V. Academic year is financial year from 01 April of that year

Clause 12 :

GENERAL MEETINGS

A.EXECUTIVE COMMITTEE MEETINGS (EC MEETINGS)

VII. If EC does not attend 3 consecutive meetings without notice then he shall be debarred.

VIII. EC must attend minimum 4 meetings.

The above points has been passed by NMOA members

B.GENERAL BODY MEETING (GBM)

- 1.Executive Committee shall call and convene every year, a meeting called Annual General Body Meeting of the members of the Association, preferably in the month of February. If for any unavoidable reasons, physical GBM is not possible, then online GBM may be conducted, irrespective of the conference of NMOA (i.e. NMOACON).

The above points has been passed by NMOA members.

Clause No. 13: NMOA members have passed the clauses

The clause 14: Bank Account point has been passed by NMOA members.

Clause 14 : BANK ACCOUNT

- 1.But in case of a Bank Accounts of the Association can be opened with Indian Commercial Banks only. It can be Public Sector or Private Sector approved by RBI. It is to be operated by any One or either amongst President and Secretary along with Treasurer (mandatory).

Dr. Ashok Ghodke said about Clause 15 : CONFERENCE (NMOACON Annual Conference of The NMOA) with the following points and further passed by NMOA Members.

- 1.Considering by official conference on NMOACON, location shall be decided by Executive Committee.
- 2.The venue shall be approved by NMOA executive or Venue approval committee of NMOA Organizing Committee.
- 3.Separate Bank account for NMOACON to be opened in Public Sector or Private Sector approved by RBI.
- 4.NMOACON Bank account to be operated by Organizing Secretary(mandatory) along with Treasurer or President.

Clause No. 16: NMOA members have passed the clause

Dr. Ashok Ghodke said about Clause 17: OFFICIAL EMAIL ID OF THE OFFICE BEARERS and the following email IDs are passed by NMOA members.

- 1.Official Email for President will be nmoanavimumbai@gmail.com and will be managed by Hon. President
- 2.Official email ID of Secretary will be secnmoa@gmail.com will be managed by Hon. Secretary
- 3.Official email ID of Treasurer will be treasureranmoa@gmail.com will be managed by Hon. Treasurer



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Clause No. 18: NMOA members have passed the clause

Clause No. 19: NMOA members have passed the clause

Clause No. 20: NMOA members have passed the clause

Dr. Ashok Ghodke said about Clause 21 : AMENDMENT OF MEMORANDUM OF ASSOCIATION AND BYELAWS with the following points and further passed by NMOA Members.

- 1.No alterations or additions shall be made to any clause of this Memorandum of Association and / or Bye - laws Rules & Regulations except by a resolution at a General Body Meeting after due notice of 28 days of such a proposal has been given to all Members of the NMOA and the amendments adopted by a 3/5th majority of Members present and voting and casting their votes validly at the said meeting. Extraordinary GBM to be called in case Life member wants to retire.

"Furthermore, Dr. Ashok Ghodke spoke about the remaining points discussed during the last year's AGM meeting in 2023, in order to confirm and approve them."

Proposed By Dr. Arvind Vatar , Seconded by: Dr Sanjay Dhar

4.PRESIDENTIAL ADDRESS:

Dr. Avinash Sonawane delivered the Presidential address as follows:

"Good morning, everybody. I thank all the members for attending the AGM and personally express my gratitude to each member for giving me the opportunity to serve the association for the past two years.

As I look around at the number of people present here today, it brings back memories of 2010 when we initiated this association. I see Dr. Brian Coutinho and a few familiar faces in the crowd, and I reminisce about our humble beginnings with just 50 members in 2010. Today, we have grown to a group of 178 life members and 80 Associate members. It has been a remarkable journey from 2010 to this point.

Our affiliation with the Maharashtra Orthopaedic Association was established in 2016, followed by affiliation with the Bombay Orthopaedic Society either in 2016 or 2017.

Reflecting on our achievements over the past two years, we successfully organized two NMOA conferences - the first at DY Patil, Nerul, and the second at Imperial Banquet, Vashi. Both conferences were well-received by our members.

I extend my personal thanks to each and every one of you for your contributions and support over the last two years.

Thank you once again."

Dr Avinash Sonawane.

The newly elected body of the Navi Mumbai Orthopaedic Association for the year 2024-25 was announced.

Dr. Ashok Ghodke was invited by all members and felicitated by the NMOA members.

The newly elected body of the Navi Mumbai Orthopaedic Association for the year 2024-25 is as follows:

A) President Elect: Dr. Nitin Mhatre (Unopposed Candidate)

B) Vice President: Dr. Dharmaraj Yadav (Unopposed Candidate)



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C) Treasurer: Dr. Sunil Shetty (Unopposed Candidate)

D) Executive Committee Members:

- 1) Dr. Deepak Jain (Unopposed Candidate)
- 2) Dr. Gaurav Kanade (Unopposed Candidate)
- 3) Dr. Gaurav Sharma (Unopposed Candidate)

Proposed by Dr Aditya gunjotikar, Seconded by Dr Agnivesh tikoo

5. SECRETARY'S REPORT:

Dr. Ashok Ghodke delivered the Secretary's report as follows:

"Good morning,

Firstly, I would like to highlight our commitment to conducting monthly meetings without fail, held either on the second or third Saturday of each month. Despite scheduling conflicts, we ensured the continuity of these meetings. Additionally, Panvel conducted similar meetings on Wednesdays.

Annually, we enthusiastically celebrate the MOA week from 1st to 6th May and the IOA week from 1st August to 6th August. These celebrations have been well-received and appreciated by both associations, as we actively communicate our activities to them. Furthermore, we commemorated BOS day on 13th January 2023 during the NMOA monthly Meet at Hiranandani Fortis, Vashi, preceding the official BOS day on 14th January 2023.

We are grateful to WIROC for providing us with a session, an initiative they recently started. The NMOA session in WIROC on 28th December 2023 was well-received.

At WIROC 2023, we had the honour of receiving two publication awards, Dr. Sachin Kale and Dr. Ajit Chalak being felicitated by the Bombay Orthopaedic Society.

Dr. Nikhil Bharambe, a sports icon at the national level of IMA and a prominent cricket player, represented NMOA.

During NMOACON 2023, Dr. Bhushan Patil managed the banquet night and organized a highly successful cultural event, which was a highlight of the conference.

I extend my heartfelt gratitude to all the members of the Navi Mumbai Orthopaedic Association.

Proposed by Dr. Ajit Chalak and Seconded by Dr. Gopal Lamture.

Dr. Ashok Ghodke request the Honourable Treasurer to present the treasurer's report."

6.HONORABLE TREASURER'S REPORT & STATEMENT OF ACCOUNTS FOR THE YEAR 2022-23:

Dr. Chetan Chhajed presented the accounts for the year 2022-23.

The treasurer report, as presented by Dr. Chetan Chhajed, has been approved.

Proposed by Dr. Kiran Mali and seconded by Dr. Pramod Bhor.

7. APPOINTMENT OF THE ACCOUNTANTS AND AUDITORS FOR THE YEAR 2023-24:

K. C. Kumawat be appointed as the accountant and auditor for the year 2023-24.

Proposed by Dr Pravin padalkar and seconded by Dr. Satish Vispute.

8. ADOPTION OF NMOA CONSTITUTION:

All clauses regarding the adoption of the NMOA constitution were approved and ratified.



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9. NMOACON 23 Interim Report:

Upon Dr. Ashok Ghodke's request, Dr. Sachin Kale presented the NMOACON 23 Interim Report on behalf of Dr. Sunil Shetty.

The report indicated that NMOACON 23 had a total of 247 delegates registered. Additionally, there were 85 faculty registrations, and the event earned 4 MMC Credit Points. The conference featured a total of 5 workshops, which were as follows:

1. "Digitally Yours: AI in Orthopaedics"
2. "Arthroscopy Workshop"
3. "Spine Workshop"
4. "HTO: Planning & Execution Workshop"
5. "Arthroplasty Workshop"

Dr Sachin kale also presented the balance sheet of NMOACON 2023 interim report. During the discussion, Dr. Sanjay Dhar raised a query regarding the payment regarding the booking amount of NMOACON 2024. He suggested that the NMOACON 23 bank account should be made nil by transferring the amount of NMOACON 23 to the NMOA main account. Then, from the NMOA main account, the venue booking of NMOACON 24 would be done using the transferred funds as seed money for NMOACON 2024.

Proposedby Dr. Sameer Chaudhari and seconded by Dr. Gaurav Kanade.

10. Felicitation of NMOACON 2023 Convenors:

Dr. Sanjay Dhar, in charge of the scientific committee for NMOACON 2023, was felicitated during the meeting. All members expressed their appreciation for the hard work and dedication of the executive committee.

Proposed by Dr. Rohan Gala and seconded by Dr. Sumeet Sonawane.

11. Invitation for Proposals to Organize NMOACON 2024:

Dr. Pramod Bhor proposed the organization of NMOACON 2024 to be held on September 20th, 2024 (Friday) through September 22nd, 2024 (Sunday) at Marriot Executive Apartment, Turbhe. He urged all members to register for the conference, with a current total of 82 delegates registered. Additionally, Dr. Bhor announced plans for a Cadaveric Workshop to be held on Friday, September 21st, 2024. The workshop sessions will include:

1. Injection Techniques plus Spine at DY Patil Hospital, Nerul
2. Hand Cadaveric at MGM hospital, Kamothe
3. Arthroscopic – Basic Cadaveric at MGM hospital, Kamothe.

Members were encouraged to participate and contribute to the success of NMOACON 2024. On Saturday and Sunday, the conference will take place at the venue as scheduled. Additionally, Dr. Pramod Bhor proposed that any member with new ideas for NMOACON 2024 should contact him, Dr. Sanjay Dhar, or Dr. Sachin Kale.



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Furthermore, it was suggested to organize an Alumni Meet this time at Terna, DY Patil, and MGM. Dr. Bhor also encouraged members to reach out if they have any sponsors interested in sponsoring stalls at NMOACON, emphasizing that all suggestions and contributions are welcome.

Proposed by Dr. Deepak Jain and seconded by Dr. S H throat

12. Appointment of Web Master 2024-25:

The NMOA members unanimously approved and appointed Dr. Ajit Chalak as the Web Master for the term 2024-25. Dr. Chalak was the unopposed candidate for this position.

Proposed by Dr. Vaibhav Koli and seconded by Dr. Atul Janugade.

13. Approval of Applications for NMOA Membership:

A total of 24 new applications for NMOA Membership were verified. NMOA members have given their approval for the addition of these members to the NMOA official group on WhatsApp, pending rectification in the AGM.

It was noted that non-members who have become NMOA members will have their names reflected in the respective AGM only.

Proposed by Dr. Aditya Gunjotikar and seconded by Dr. Nitin Mhatre

14. Any Other Matters with the Permission of the Chair:

Dr. Ashok Ghodke proposed the following matters:

Encouragement for Membership Registration: Out of the 178 NMOA members, 78 are registered with BOS and 82 with MOA. Dr. Ghodke urged those who are not registered to become members of MOA and BOS as soon as possible. This is especially crucial as the BOS AGM is scheduled for the 10th of March 2024, and MOACON 2024 will take place from the 28th to the 30th of March 2024 at Westin, Powai. New members will be rectified during these events.

Support for MOACON 2026 Conference Bid: NMOA is bidding for the MOACON 2026 conference. Dr. Ghodke requested all members to support Navi Mumbai's bid for the conference. If successful, there will be no NMOACON 2026. Additionally, one of the EC members of NMOACON 2026 will serve as the organizing secretary.

Introduction and Recreational Activities: Dr. Gopal Lamture invited all members to introduce themselves, including their name, qualifications, and practice area.

Furthermore, there were proposals for recreational activities, particularly sports within NMOA. It was anonymously decided that Dr. Nikhil Bharambe would oversee this project, which was approved by NMOA members.

MOA has generously allocated a one-hour session to NMOA for academic excellence to be presented at MOACON 2024, with Dr. Sunil Shetty appointed as the in-charge. Dr. Ashok Ghodke has requested all members to submit their work for consideration. The theme for this session is "Troubleshooting in the Operating Theater," but if any member wishes to propose a different theme, they are



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encouraged to do so. Additionally, there is a cultural program scheduled during which 15 minutes are allotted for performances such as dance, song, or any other activity. Any member interested in presenting during this cultural event is encouraged to come forward and participate.

Proposed by Dr. Deepak Jain and seconded by Dr. Agnivesh Tikko,

Dr. Ashok Ghodke requested the Honorable President Elect to present the President Elect Address.

15. PRESIDENT-ELECT ADDRESS by Dr. Sachin Kale:

Dr. Sachin Kale outlined several plans and initiatives for the upcoming year:

Expansion of Membership: Dr. Kale aims to increase NMOA membership to 250 to 300 plus in the coming year.

Monthly Meeting: NMOA member Proposed Monthly meetings from every 2nd or 3rd Saturday to the 2nd Wednesday of each month, from 2 PM to 5 PM. The venues for the next 6 months' meetings have been finalized as follows:

- March: Panvel
- April: Apollo Hospital
- May: Medicoover Hospital
- June: Fortis Hospital
- July: MGM Hospital
- August: D Y Patil

Dr. Agnivesh Tikko proposed the inclusion of interesting workshops, teaching programs, and thematic sessions in the monthly meetings. Dr. Kale invited all members to bring forward new and interesting cases to present during the monthly meetings. Brian Coutinho proposed the introduction of a monthly meeting where an invited guest speaker would address the members.

Planning for Student of the Year Award: There are plans to introduce a Student of the Year award for NMOACON 2024.

Dr. Kale emphasized that this year's newsletter will be more academically oriented, featuring all programs conducted by NMOA throughout the year. It will highlight the academic achievements and hidden talents of NMOA members.

Dr. Kale welcomed input from all members regarding the future direction of NMOA.

Dr. Nikhil Bharambe raised a point regarding sponsorship, suggesting the need for a single point of contact to handle sponsors for NMOACON 2024. Dr. Pramod Bhor will take full responsibility for this.

These initiatives aim to enhance the academic and professional development of NMOA members while fostering a sense of community and collaboration within the association.

Proposed by Dr. Nikhil Bharambe and seconded by Dr. Brian Coutinho



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Dr. Sachin Kale invited the Honorable Secretary, Dr. Ashok Ghodke, to announce the

Newly formed body of the Navi Mumbai Orthopaedic Association for the year 2024-25:

- A) President: Dr. Sachin Kale
- B) President Elect: Dr. Nitin Mhatre
- C) Vice President: Dr. Dharmaraj Yadav
- D) Past President: Dr. Avinash Sonawane
- E) Secretary: Dr. Ashok Ghodke
- F) Treasurer: Dr. Sunil Shetty
- G) Executive Committee Members:
 - 1) Dr. Deepak Jain
 - 2) Dr. Gaurav Kanade
 - 3) Dr. Gaurav Sharma

Dr. Ashok Ghodke announced that the new committee will officially take over from 1st April 2024.

Dr. Ashok Ghodke requested Dr. Sanjay Dhar to share a few words about the Navi Mumbai Orthopaedic Association.

Dr. Sanjay Dhar expressed his gratitude to Dr. Ashok Ghodke for the invitation and began to speak about the association:

"Good Morning,

It is truly a pleasure to see our association growing. When I was chosen as the president of the Bombay Orthopaedic Association, I made a vow to myself to activate NMOA. I think many of you present in this meeting can attest to the progress we have made in the last year. Thanks to the efforts of the previous committee, including Dr. Avinash Sonawane, Dr. Ashok Ghodke, Dr. Sachin Kale, Dr. Alfven Vieira, and Dr. Chetan Chhajed, we have reached a certain level of success.

Organizations like ours thrive on interaction. I see many faces here whom I may have never met otherwise. For example, Dr. Deepak Gautam, who has been chief of Medicovert Hospital for many years. It is through interactions like these that camaraderie is built. There are many others here whom we may not know, but seeing their work and expertise gives us a sense of comfort. This is what our association is all about.

We are a small association, but we all know each other in some way. Regular meetings like this allow us to see each other's work and communicate effectively. Regarding the election notice, it is disappointing to see that nobody has applied. Participation is essential for the growth of the association. Even if you may not win, your participation matters. I myself have experienced losses in elections but have also seen success in subsequent elections. So, I encourage everyone to participate and contribute to the association and the community.

Thank you all very much."

Dr Sanjay Dhar.
Scientific Committee NMOA



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Dr. Ashok Ghodke announced that every member would receive the NMOA constitution copy via email and WhatsApp, along with the minutes of the Annual General Meeting (AGM).

Dr. Ashok Ghodke expresses his gratitude to all the members for attending the AGM and participating in the discussions. He then kindly requests all members to join for lunch, fostering camaraderie and further opportunities for interaction among the members.

Thank you
Navi Mumbai Orthopaedic Association.



Dr. Ashok Ghodke, **Secretary**

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